



Curriculum Vitae
Dr. Afsaneh Bakhtiari
Assistant Professor

- 2012 PhD in Gerontology
Institute of Gerontology, University Putra Malaysia, Kuala Lumpur, Malaysia.
- 1996 Master of Reproductive Health
School of Midwifery, Iran University of Medical Sciences, Tehran, Iran.
- 1991 Bachelor of Midwifery
School of Midwifery, Esfahan University of Medical Sciences, Esfahan, Iran.

PERSONAL INFORMATION:

Last name: Bakhtiari

First name: Afsaneh

Date of birth: 03/05/1966

Gender: Female

Nationality: Iranian

Marital Status: Married

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CURRENT POSITION

- Faculty member of Babol University of Medical Sciences from 1996 so far.
- Assistant Professor of Babol University of Medical Sciences from 2012 so far.

TEACHING EXPERIENCES:

Theoretical and clinical education of undergraduate and MSc students in the following fields:

- Community health
- Consulting and training in obstetrics and gynecology

- Reproductive Health and family Planning
- Child Care
- Health education
- Aging

APPRECIATION LETTER

- Received the title of exemplary professor of Babol University of Medical Sciences, 2019.
- Received the title of superior education process in Shahid Motahari Festival, Babol University of Medical Sciences, 2017
- Received the title of the country's best midwife from the Minister of Health and Medical Education (Dr. Mohammad Hassan Tarighat Monfared), 2013.
- Received the title of superior education process in Shahid Motahari Festival, Babol University of Medical Sciences, 2012.
- Appreciation letter for research project approved by World Health Organization (WHO), entitled “genital Genital infection by chlamydia trachomatis, neisseria gonorrhoeae and trichomonas vaginalis in Babol, Iran: Prevalence and risk markers, from the Deputy of Researches and Technology of Health Minister, Dr. Hossein Malek Afzali, 2005.
- Appreciation letter for the University Strategic Planning in Babol University of Medical Sciences, from Health Minister, Dr. Masod Pizishkian, 2004.

PUBLICATIONS: **Books**

1. Normal Delivery. Babol University of Medical Sciences, 2005. ISBN: 964-7509-29-4. Written.
2. Obstetrics and Gynecology. Babol University of Medical Sciences, 1997, ISBN: 964-92669-8-4. Translated.
3. High Risk Pregnancy. Boshra Publishing, Tehran, Iran, 2001. ISBN: 964-7203-22-5. Translated.
4. Approach of Mellitus Diabetes Treatment. Babol University of Medical Sciences, 2006. ISBN: 964-7509-32-4.
5. Midwifery Skills Varney. (two-volum book). Exir Ghalam, Babol. 2013. ISBN: 9215. Translated.

PUBLICATIONS: Articles

1. Comparison of competitive cognitive models in explanation of women breast cancer screening behaviours using structural equation modelling: Health belief model and theory of reasoned action. *Eur J Cancer Care*, 2020.
2. Impact of workshop training on prescription writing skills of midwifery students. *Health Scope*. 2020.
3. Maternal sleep quality in late pregnancy: The association between preterm birth and sleep quality. *Caspian Journal of Reproductive Medicine*. 2019.
4. Nutrition assessment and geriatric associated conditions among community dwelling Iranian elderly people. *BMC Geriatrics*. 2020.
5. Student attitudes about reproductive health in public universities: A cross-sectional study. *International Quarterly of Community Health Education*. 2020.
6. Triglyceride to high-density lipoprotein cholesterol and low-density to high-density lipoprotein ratios are predictors of cardiovascular risk in Iranian adults:Evidence from a population-based cross-sectional study. *Caspian J Intern Med*. 2020.
7. Relationship between metabolic syndrome and serum uric acid in an Iranian Community Elderly Population: As a cohort aging study. *Journal of Applied Biotechnology Reports*. 2019.
8. The effect of counseling based on information-behavioral motivation model on life style promoting health and psychological well-being of obese and overweight pregnant women. *Mazandaran University of Medical Sciences*. 2019.
9. The role of spirituality on the family health system from the point of view of Islam. *Islam and Health Journal/* 2019.
10. Clinical and metabolic response to soy administration in older women with metabolic syndrome: a randomized controlled trial. 2019.
11. Does Religion Predict Health-Promoting Behaviors in Community-Dwelling Elderly People?. *Journal of Religion and Health*. 2018.
12. Does the low-density lipoprotein cholesterol play a key role in predicting metabolic syndrome in the Iranian adult population? *Caspian J Intern Med*. 2017.
13. Effect of Physical and Chemical Factors in Production of Alkaline Protease Enzyme by *Bacillus* Strains. *International Letters of Natural Sciences*. 2018.
14. Female sexual outcomes in primiparous women after vaginal delivery and cesarean section. *African Health Sciences*. 2017
15. Health Promotion Behaviors and Its Predictors Among the College Students in Iran. *International Quarterly of Community Health Education*. 2018.

16. Health-Promoting Behaviors and Their Predictors in Iranian Women of Reproductive Age: A Cross-Sectional Study. *International Quarterly of Community Health Education*. 2017.
17. Metabolic syndrome and different obesity phenotypes in the elderly women population: Iran's Health System on aging. *Caspian J Intern Med*. 2018.
18. Perceived health discomfort among adolescent girls and related factors in an urban area, South India. *Journal of Education and Health Promotion*. 2017.
19. Risk Assessment for Breast Cancer Development and Its Clinical Impact on Screening Performance in Iranian Women. *Cancer Management and Research*. 2019.
20. Risk Factors for Gestational Diabetes Mellitus: A Case-Control Study. *American Journal of Lifestyle Medicine*. 2018.
21. Sexual dysfunction in men seeking infertility treatment: The prevalence and associations. *Caspian J Reprod Med*. 2015.
22. Sexual Dysfunction in Women Undergoing Fertility Treatment in Iran: Prevalence and Associated Risk Factors. *J Reprod Infertil*. 2016.
23. Maternal expectations and experiences of labor analgesia with nitrous. *Red Crescent Medical Journal*. 2012.
24. Test anxiety in objective structured clinical examinations (OSCEs) compared with traditional assessment methods in undergraduate midwifery students. *Health*. 2013.
25. The Association Between Physical Activity During Pregnancy and Gestational Diabetes Mellitus: A Case-Control Study. *Int J Endocrinol Metab*. 2016.
26. The Relationship between Depression and Metabolic Syndrome in the Elderly Population. *Iran J Psychiatry*. 2018.
27. Using the objective structured clinical examinations in undergraduate midwifery students. *Journal of Medicine and Life*. 2013.
28. Effect of alprazolam on analgesic action of ibuprofen in treatment of dysmenorrhea in 18-25 years old girls. *Koomesh*. 2013.
29. Antimicrobial Activity of some *Lactobacillus* Species against Intestinal Pathogenic Bacteria. *International Letters of Natural Sciences*. 2017.
30. A study on menstruation of Indian adolescent girls in an urban area of South India. *J Family Med Prim Care*. 2018.
31. Clinical trial for the management of dysmenorrhea using selected spices. *Complementary Therapies in Clinical Practice*. 2019.

32. Association Between Physical Activity, Menstrual Cycle Characteristics, and Body Weight in Young South Indian Females. *International Journal of Women's Health and Reproduction Sciences*. 2019.
33. Association of lipid peroxidation and antioxidant status with metabolic syndrome in Iranian healthy elderly women. *Biomed Rep*. 2017.
34. Religion and its relation to the general health and socioeconomic factors of elderly people in Babol city. *Islam and Health Journal/* 2015.
35. Evaluating the Adaptation of the Growth Curve in Less than Two-Year Old Children Referred to Health-Therapeutic Centers Using the World Growth Standards. *JPEN*. 2017.
35. Evaluation of the oxidative stress and glycemic control status in response to soy in older women with the metabolic syndrome. *Iranian Red Crescent Medical Journal*. 2011.
36. Effects of soy on body composition: a 12-week randomized controlled trial among Iranian elderly women with the metabolic syndrome. *Iranian Journal Public Health*, 2012.
37. Effects of Soy on Metabolic Biomarkers of Cardiovascular Disease in Elderly Women with the Metabolic Syndrome. *Archives Iranian Medicine*. 2012.
38. Genital infection by *Trichomonas Vaginalis* in women referring to Babol health centers: prevalence and risk factors. *Iranian Red Crescent Medical Journal*, 2008.
39. *Chlamydia trachomatis* infection in women attending health centers in Babol: Prevalence and risk factors. *Eastern Mediterranean Health Journal* . 2007.
40. The Prevalence of Gonococcal Infection in Non Pregnant Women. *Iranian Journal of Public Health*, 2007.
41. Evaluation of Painless Labor with Entonox Gas. *Journal of Babol University of Medical Sciences*, 2012.
42. Postpartum Stress Urinary Incontinence and Some Related Factors. *Journal of Babol University of Medical Sciences*, 2008.
43. Assessment of food consumption patterns among pregnant women attending health centers in Babol. *Journal of Babol University of Medical Sciences*, 2007.
44. Evaluation of nutrition knowledge in pregnant women attending health centers in Babol city. *Journal of Babol University of Medical Sciences*, 2007.
45. Five year disease-free survival rate in breast cancer patients in Rajaii Hospital, Babolsar. *Journal of School of Public Health And Institute of Public Health Researches*, 2007.

46. Year Assessment of Breast Cancer at Rajaii Hospital, Babolsar (1991-1996). The Iranian Journal of Obstetrics, Gynecology And Infertility, 2006.
47. Assessment of the reasons for avoiding screening mamography among nurese and midwievs affiliated to health and treatment centers in Mazandaran provice. Journal of Jahrom Medical School, 2006.
48. Assessment of married women's knowledge and health behavior about sexually transmitted diseases and their prevention. Journal of Mazandaran University of Medical Sciences, 2004.
49. Relationship between personal, social characteristics and life style with breast cancer. Ofogh-e-danesh, Journal of Gonabad University of Medical Sciences And Health Services, 2003.
50. Assessment of causes and effects of violence against women in the family in cases referred to Legal Medical Center. Journal of Legal Medicine of Islamic Republic of Iran, 2003.
51. A survey on the knowledge and attitude of pregnant women to normal delivery in Babol. Journal of Babol University of Medical Sciences, 2001.
52. Stillbirth and some related factors, Babol, 1998. Journal of Babol University of Medical Sciences, 2000.
53. A KAP study in health system employees for symptoms and prevention of menopausal adverse effects. Journal of Babol University of Medical Sciences, 2000.
54. The study on prevalence and causes of cesarean section in Babol, 1998. Journal of Babol University of Medical Sciences, 2000.
55. Assessment of infertility reasons & some effective factors on infertile couple, Babol. Journal of Babol University of Medical Sciences, 2000.

AREAS OF INTEREST:

- Healthy lifestyle in the elderly
- Healthy aging
- Geriatric syndrome (includes Aging and Homeostatic Regulation, Frailty, Delirium, Falls, Sleep Disorders, Dizziness, Syncope, Pressure Ulcers, Incontinence, Elder Mistreatment)
- Osteoporosis
- Cardiovascular disease and risk factors
- Metabolic Syndrome
- The use of educational theories in the education
- Reproductive health