

Samaneh Pourhadi, Ph.D. of Gerontology



Curriculum Vitae
Samaneh Pourhadi, Ph.D.
Assistant professor

Personal and Contact Information

Name: **Samaneh Pourhadi, Ph.D.**
Data of birth: 15, February, 1983
Place of birth: Iran, Babolsar
Work address: Department of Public Health
and gerontology;
School of Public Health;
Babol University of Medical
Sciences; Babol; Iran;
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Education

Ph.D.:	Gerontology, University of Social Welfare and Rehabilitation	Jan.2011- May. 2016
Master:	Rehabilitation Management,	Sep.2006-

	Iran University of Medical Sciences	Feb.2008
Undergraduate:	Audiology, Tehran University of Medical Sciences	Sep.2001 - Sep.2005

Thesis

- Ph.D. Thesis title: “Exploring Care Process of Iranian Community-dwelling Elderly ”

Date of the thesis defense: Jun.2016

Thesis Supervisor: Associate Professor Robab Sahaf, Professor Hamidreza Khankeh

- M.Sc. Thesis Title: “Determining motivating power of rehabilitation zone jobs at welfare(Behzisti) center in Tehran province, on motivating potential score ”

Date of the thesis defense: Feb.2009

Thesis Supervisor: Professor Mohammad Kamali

- B.S. Thesis Title: “Benefit of analog, programmable and digital hearing aids”

Date of thesis defense: Aug.2004

Thesis Supervisor: Dr. Jamileh Fattahi

Honors and awards

- Ranked first in Ph.D. national entrance exam of gerontology and in graduation.

PROFESSIONAL EXPERIENCE

Employment

- | | |
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| • Faculty lecturer in Babol University of Medical Sciences | Sep 2009-
Feb 2011 |
| • Faculty member of Babol University of Medical | Nov 2016- |

Sciences

now

- Responsible for consulting professors at the School of Health

2019-now

Teaching Experience (Short list)

M.Sc. of Gerontology students:

- Quality of life for the elderly,
- Sociology of the Elderly,
- Concepts and principles of aging,
- Epidemiology of aging in Iran and the world,
- Internship in the field,
- Assessing the health needs of the elderly,
- Principles of rehabilitation in the elderly,
- Elderly care in the community,
- home and care centers,
- Technical language

Research Interests

- All Gerontology Issues in Qualitative and Quantitative methods, specially:
 - Different models of care for the elderly and formal or informal caregivers,
 - Issues related to geriatric syndromes (such as Frailty, dementia, elder abuse, etc.),
 - Rehabilitation of the elderly,
 - age-friendly environment,

- Mental Health (Issues Related to Anxiety, Depression, Sleep Disorders, etc.),
- Quality of life and lifestyle of the elderly,
- leisure time management of older adults,
- Ageism (age discrimination),
- Elderly rights,
- Intergenerational gap and communication,
- Active and successful aging,
- Issues related to the participation of the elderly in society
- Technology and old age,
- Third Generation Universities, ...

Publications

Books

- Understanding Disability (Under Publication)

Papers

- J Fatahi, M Adel Ghahraman, A Ebrahimi, F Ehsani, S Pourhadi, Benefit of analog, programmable and digital hearing aids. Bimonthly Audiology- Tehran University of Medical Sciences.2006. 14 (2), 32-36.
- S Pourhadi, M Kamali, N Khalesi, A Fahimi Malahat, Determining motivating power of rehabilitation zone jobs at welfare(Behzisti) center in Tehran province, on motivating potential score,Journal of modiriate Salamat,2009, 2 (37), 57-64.
- S Pourhadi, S Hossein-Zadeh, M Haji-Ahmadi, M Taghipour-Darzi, The quality of life in patients with nonspecific chronic low back pain, Archives of Rehabilitation,2014, 14 (4), 74-81.
- MT Darzi, S Pourhadi*, S Hosseinzadeh, MH Ahmadi, M Dadian, Comparison of quality of life in low back pain patients and healthy subjects by using WHOQOL-BREF, Journal of back and musculoskeletal rehabilitation,2014, 27 (4), 507-512.
- S Pourhadi, N Khalesi, SN Hekmat. Determining relationship between leadership style and personality type of managers at educational hospitals affiliated with Iran, Tehran and Shahid Beheshti Universities of Medical

Sciences, 2007. World Family Medicine Journal: Incorporating the Middle East Journal of Family Medicine. 2010.99(293).1-7.

- S Pourhadi, HR Khankeh, R Fadayevatan, R Sahaf, The Informal Caregivers' Viewpoint About Care Inhibitors for Community-Dwelling Elderly in an Iranian Context: A Qualitative Study. Iranian Rehabilitation Journal, 2016. 14 (3), 185-196.
- H Noei, R Sahaf, AA Akbari Kamrani, Y Abolfathi Momtaz, S Pourhadi, The Relationship Between Gender and Disability in the Elderly People in Tehran Municipality Pension Organization, Iranian Journal of Ageing, 2017, 12 (1), 6-17.
- A Shams, S Pourhadi, R Sahaf. Comparing Levels of Depression in Healthy Active and Inactive Elders versus Those with Knee Osteoarthritis Disease, Annals of Applied Sport Science. 2016. 4 (1), 49-56.
- M Hedayati, S Sum, SR Hosseini, M Faramarzi, S Pourhadi*, Investigating the effect of physical games on the memory and attention of the elderly in adult day-care centers in Babol and Amol, Clinical interventions in aging, 2019, 14, 859- 869.
- Z Moradi Z, S Pourhadi *, Axes of intervention in the prevention of elder abuse (Review Article), Journal of Gerontology (joge), 2021.5(3).9-24.
- S Khodadadi, S Pourhadi*, SR Hosseini, Sh Sum, Z Mohammadi. The relationship between social support, cognitive status and depressive symptoms with activity of daily living in the elderly in Amirkola, Iranian Journal of ageing (Salmand), accepted 2021... under publication...
- M Kalantari, S Pourhadi*, A Tirgar. Explanation of structural suitability components of age-friendly mosques: A qualitative study, Iranian Journal of ageing (Salmand), accepted 2021... under publication...